

FOCUS

"Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on

what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal."

2 Corinthians 4:16-18

What do you need to "fix your eyes on?" Is God telling you to forgive someone, break a habit or step outside of your comfort zone and serve in a different capacity? Only you know what He has been speaking into your spirit. Journal your thoughts on what you need to focus on this month.

ACTION PLAN

Pray about your plan to ACT on whatever God is telling you to focus on. Write it down plainly what steps you need to take this month.

Three simple steps to staying focused for this month:

- 1. Review what you have written everyday
- 2. Take action everyday
- 3. Reflect on your progress everyday

Always remember to journal the journey to encourage your spirit along the way.